

## Behavioral Health Initial Review Form for Inpatient and Partial Hospital Programs

Instead of faxing this form, submit your request electronically using our preferred method at <a href="https://www.availity.com">https://www.availity.com</a>.\* If you use this form, fax it to 1-844-430-1702.

Today's date:		
Contact information		
Level of care:		
☐ Inpatient psychiatric	□ Inpatient detox	☐ Inpatient substance use rehab
☐ PHP mental health	☐ PHP substance	use
Member name:		
Member ID or reference #:		Member DOB:
Member address:		
Member phone:		
Hospital account #:		
For child/adolescent, name of parent/gr	uardian:	
Primary spoken language:		
Name of utilization review (UR) contact	:	
UR contact phone number:		UR contact fax number:
Admit date:		
Admitting facility name:		Facility provider # or NPI:
Attending physician (first and last name	e):	
Attending physician phone:		Provider # or NPI:
Facility unit:		Facility phone:
Discharge planner name:		
Discharge planner phone:		
Diagnosis (psychiatric, chemical de	pendency and medi	cal)

## https://providers.healthybluela.com

Healthy Blue is the trade name of Community Care Health Plan of Louisiana, Inc., an independent licensee of the Blue Cross and Blue Shield Association.

BLACARE-0196-20 April 2020 509405MUPENMUB

<sup>\*</sup> Availity, LLC is an independent company providing administrative support services on behalf of Healthy Blue.

Precipitant to admission (Be specific. Why is the treatment needed now?)				
Risk of harm to self				
If present, describe:				
ii pieseiit, describe.				
If prior attempt, date ar	nd description:			
Risk rating (Select all the	hat apply.)			
□ Not present	□ Ideation	□ Plan	☐ Means	□ Prior attempt
Risk of harm to other	S			
If present, describe:				
If prior attempt, date ar	nd description:			
	•			
Dialy rating (Calcat all th	hot apply )			
Risk rating (Select all the	,	□ Dlan	□ Maana	□ Duiou ottomont
☐ Not present  Psychosis	☐ Ideation	□ Plan	☐ Means	☐ Prior attempt
	1 = Mild or mildly	incapacitating 2 = Mo	oderate or moderately incapa	citating 3 = Severe or
severely incapacitating			adrate of moderately meapa	onamig, 0 = 00voio 01
□ 0	" □ 1	□2	□3	□ N/A
If present, describe:		<del></del>	<del>-</del> -	
•				
Symptoms (Select all the	hat apply ):			
• •		_	] Paranoia	
☐ Auditory/visual hallu	Ciriations			
☐ Delusions  Substance use			Command hallucinations	
	1 = Mild or mildly	incapacitating 2 = Mo	oderate or moderately incapa	citating 3 = Severe or
severely incapacitating			adrate of moderately ineapa	ionamig, o Covoro oi
, ,	,,	□2	□3	□ N/A
Substance (Select all the				
□ Alcohol `	,	☐ Marijuana	☐ Cocair	ne
□PCP		□LSD	☐ Methai	mphetamines
☐ Opioids		☐ Barbiturates		diazepines
☐ Other (Describe.):				•
	□ Yes □ No [	□ Unknown		
Result (if applicable):				

☐ Positive (If selected, list drugs.):	□ Negative □ Pending
BAL: ☐ Yes ☐ No ☐ Unknown	
Result (if applicable): □ Value: □ Pending	
Substance use screening (Select if applicable and	give score.):
□ CIWA:	□ COWS:
For substance use disorders, please complete	
Current assessment of American Society of Ac	
Dimension (Describe or give symptoms.)  Dimension 1 (acute intoxication) and/or	Risk rating  ☐ Minimal/none — not under influence; minimal withdrawal
withdrawal potential (such as vitals, withdrawal	potential
symptoms)	☐ Mild — recent use but minimal withdrawal potential
	☐ Moderate — recent use; needs 24-hour monitoring
	☐ Significant — potential for or history of severe withdrawal; history of withdrawal seizures
	☐ Severe — presents with severe withdrawal, current withdrawal seizures
Dimension 2 (biomedical conditions and	☐ Minimal/none — none or insignificant medical problems
complications)	☐ Mild — mild medical problems that do not require special monitoring
	☐ Moderate — medical condition requires monitoring but not intensive treatment
	☐ Significant — medical condition has a significant impact on treatment and requires 24-hour monitoring
	☐ Severe — medical condition requires intensive 24-hour medical management
Dimension 3 (emotional, behavioral or cognitive complications)	☐ Minimal/none — none or insignificant psychiatric or behavioral symptoms
	☐ Mild — psychiatric or behavioral symptoms have minimal impact on treatment
	☐ Moderate — impaired mental status; passive suicidal/homicidal ideations; impaired ability to complete ADLs
	☐ Significant — suicidal/homicidal ideations, behavioral or cognitive problems or psychotic symptoms require 24-hour monitoring
	☐ Severe — active suicidal/homicidal ideations and plans, acute psychosis, severe emotional lability or delusions; unable to attend to ADLs; psychiatric and/or behavioral symptoms require 24-hour medical management
Dimension 4 (readiness to change)	☐ Maintenance — engaged in treatment
	☐ Action — committed to treatment and modifying behavior and surroundings
	☐ Preparation — planning to take action and is making adjustments to change behavior; has not resolved ambivalence
	☐ Contemplative — ambivalent; acknowledges having a problem and beginning to think about it; has indefinite plan to change
	☐ Precontemplative — in treatment due to external pressure; resistant to change

Dimension 5 (relapse, continued use or continued	☐ Minimal/none — little likelihood of relapse
problem potential)	☐ Mild — recognizes triggers; uses coping skills
	☐ Moderate — aware of potential triggers for MH/SA issues but requires close monitoring
	☐ Significant — not aware of potential triggers for MH/SA issues; continues to use/relapse despite treatment
	☐ Severe — unable to control use without 24-hour monitoring; unable to recognize potential triggers for MH/SA despite consequences
Dimension 6 (recovery living environment)	☐ Minimal/none — supportive environment
	☐ Mild — environmental support adequate but inconsistent
	☐ Moderate — moderately supportive environment for MH/SA issues
	☐ Significant — lack of support in environment or environment supports substance use
	☐ Severe — environment does not support recovery or mental health efforts; resides with an emotionally/physically abusive individual or active user; coping skills and recovery require a 24-hour setting
If any ASAM dimensions have moderate or higher r planning?	isk ratings, how are they being addressed in treatment or discharge
piairing:	
	y name, medications, specific treatment/levels of care and
adherence.)	
Current treatment plan	
Standing medications:	
As-needed medications administered (not ordered)	
As-needed medications administered (not ordered)	•
Other treatment and/or interventions planned (inclu	ding when family therapy is planned):
Support system (Include coordination activities with	th case managers, family, community agencies and so on. If case is
open with another agency, name the agency, phone	

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Results of depression screening
Readmission within the last 30 days? $\square$ Yes $\square$ No If yes, and readmission was to the discharging facility, what part of the discharge plan did not work and why?
<b>Initial discharge plan</b> (List name and number of discharge planner and include whether the member can return to current residence.)
Planned discharge level of care:
Describe any barriers to discharge:
Expected discharge date:
Submitted by:
Phone: